



## Minutes from ESS PTA Meeting via Zoom Tuesday, November 1, 2022 - 6:30pm to 7:30pm

During this general PTA meeting for the 2022-2023 school year, we discussed the following things:

- Welcomed everyone to the meeting,
- Introduced three presenters who discussed mental health, including signs of mental health issues in children, resources available at school and in the community, and myths and facts about mental health, and
- Had presenters take questions from parents and caregivers at the meeting.

We held these discussions in three language-specific breakout rooms.

There were no motions during the meeting.

### **Other notes**

- There were about 25 participants.
- We used the school principal's zoom account to allow for the breakout room options.